REVIEW

Globalization and Health

Open Access



Global burden of the COVID-19 associated patient-related delay in emergency healthcare: a panel of systematic review and meta-analyses

Vahid Mogharab¹, Mahshid Ostovar², Jakub Ruszkowski^{3,4}, Syed Zohaib Maroof Hussain⁵, Rajeev Shrestha⁶, Uzair Yagoob⁷, Poorya Aryanpoor², Amir Mohammad Nikkhoo², Parasta Heidari², Athar Rasekh Jahromi², Esmaeil Rayatdoost², Anwar Ali^{8,9}, Farshid Javdani², Roohie Farzaneh¹⁰, Aref Ghanaatpisheh², Seyed Reza Habibzadeh¹⁰, Mahdi Foroughian¹⁰, Sayyed Reza Ahmadi¹⁰, Reza Akhavan¹⁰, Bita Abbasi¹¹, Behzad Shahi¹², Arman Hakemi¹⁰, Ehsan Bolvardi¹⁰, Farhad Bagherian¹³, Mahsa Motamed¹⁴, Sina Taherzadeh Boroujeni¹⁴, Sheida Jamalnia¹⁵, Amir Mangouri¹⁶, Maryam Paydar², Neda Mehrasa¹⁷, Dorna Shirali¹⁷, Francesco Sanmarchi¹⁸, Ayesha Saeed¹⁹, Narges Azari Jafari²⁰, Ali Babou²¹, Navid Kalani^{2*} and Naser Hatami^{2*}

Abstract

Background: Apart from infecting a large number of people around the world and causing the death of many people, the COVID-19 pandemic seems to have changed the healthcare processes of other diseases by changing the allocation of health resources and changing people's access or intention to healthcare systems.

Objective: To compare the incidence of endpoints marking delayed healthcare seeking in medical emergencies, before and during the pandemic.

Methods: Based on a PICO model, medical emergency conditions that need timely intervention was selected to be evaluated as separate panels. In a systematic literature review, PubMed was guarried for each panel for studies comparing the incidence of various medical emergencies before and during the COVID-19 pandemic. Markers of failure/ disruption of treatment due to delayed referral were included in the meta-analysis for each panel.

Result: There was a statistically significant increased pooled median time of symptom onset to admission of the acute coronary syndrome (ACS) patients; an increased rate of vasospasm of aneurismal subarachnoid hemorrhage; and perforation rate in acute appendicitis; diabetic ketoacidosis presentation rate among Type 1 Diabetes Mellitus patients; and rate of orchiectomy among testicular torsion patients in comparison of pre-COVID-19 with COVID-19 cohorts; while there were no significant changes in the event rate of ruptured ectopic pregnancy and median time of symptom onset to admission in the cerebrovascular accident (CVA) patients.

Conclusions: COVID-19 has largely disrupted the referral of patients for emergency medical care and patient-related delayed care should be addressed as a major health threat.

*Correspondence: navidkalani@ymail.com; Naserohatami@gmail.com

² Research Center for Non-Communicable Diseases, Jahrom University of Medical Sciences, Jahrom, Iran

Full list of author information is available at the end of the article



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Introduction

Coronavirus disease 2019 (COVID-19), the highly contagious infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [1] was first reported on December 31, 2019, in Wuhan, China. One month later, on January 30, 2020, it was declared a global health emergency [2] compelling the World Health Organization (WHO) to declare it as a global pandemic on March 11, 2020. Globally, more than 6 million deaths are reported worldwide across 222 countries [3]. The virus affects the respiratory system and produces mild to severe respiratory illness, and might contribute to hospitalization, mechanical ventilation in intensive care units, and even death in some cases [4]. The severity of illness might get increased in people of older age, immunocompromised individuals, and those having premedical co-morbidities such as diabetes, cardiovascular disease, respiratory disease, and cancers [4, 5]. Since the world health organization declared COVID-19 a global pandemic, COVID-19 was not just a health threat but its prolonged national lockdowns and modified lifestyle of people have affected various aspects of almost every sector's life. For example, it reduced students' access to education, increased food insecurity to millions of people, increased poverty, worsened mental health of both the healthcare professionals and the general population, and increased the burden on healthcare services [3, 6].

Healthcare services utilization at the inpatient, outpatient, and emergency departments settings dropped due to the restrictive measures [7, 8]. Moreover, plenty of literature reported a reduction in the emergency department (ED) visits during the pandemic period [9, 10]. Diagnostic delays caused by the COVID-19 are mentioned to cause a major rise in the incidence of preventable cancer deaths in England [11]. Another report has approximated that 41% of individuals in the United States have postponed or avoided medical care, including urgent (12%) or non-urgent care (32%) [12]. Emergency medical care or urgent care, being provided by ED for individuals who arrive at the hospital, is defined as "Acute illness or damage that threatens life or function and needs prompt medical intervention. The patient would get hurt if there would be a delay" [13]. ED is responsible for stabilizing patients with life-threatening conditions and arrangement of admission of patients to special care facilities [13]. Healthcare avoidance is a type of patient disengagement that leads them to delay seeking medical care [14]. In some circumstances in the COVID-19 era, people experiencing urgent medical emergencies had been avoiding healthcare services due to the fear of contagion. Additionally, the EDs have also seemed to give lesser priority to non-COVID-19 patients comparatively [15]; while emergency medical health services are equally important irrespective of suffering from COVID or not. This reduction in the overall healthcare services utilization might worsen health outcomes for patients with other chronic diseases or acute medical emergencies [16]. Some studies also reported delayed emergency medical care in the case of pre-hospital services like the response to out-of-hospital cardiac arrest [17]. Others showed that the untimely and improper management of emergency medical needs increased morbidity and mortality of non-COVID-19 patients during the pandemic [11, 12, 15, 16]. These dysfunctions in healthcare management may delay the achievement of the Sustainable Development Goals (SDG) published by the United Nations. Indicators of sustainable development seek to ensure long-term stability in the economy, health, education, and the environment [18]; while it seems that COVID-19 have been imposing burdens of health financing on other aspects of SDG and even influencing significant portions of the healthcare system itself, in non-COVID-19 diseases care. As recently many studies have paid attention to the impacts of the pandemic on non-COVID-19 diseases management, reviewing these studies is needed for developing policies for shaping the normal postpandemic healthcare system. As a response, we should immediately identify factors linked to healthcare delays, especially in urgent care, that are related to higher mortality and morbidity rates. These factors might be related to the healthcare system as well as pre-hospital services or long wait times in the emergency department or might be due to patient-related factors as well as avoidance of care due to fear of COVID-19. Therefore, the aim of this study is to evaluate the impact of the COVID-19 pandemic on medical emergencies and time-sensitive emergency health conditions that require urgent care within a specified time to avoid mortality and morbidity. This study will help to understand, identify and document the impacts of the global COVID-19 pandemic on the emer-

Methods

Study question

This study aims to evaluate the COVID-19 pandemic impact on the time-sensitive emergency health

gency healthcare services, and provide valuable evidence

to improve policy and management of emergency medi-

cal care in the context of a global pandemic.

condition. The PICO (Population, Intervention, Comparison, and Outcomes) conceptualized for this study is shown in Table 1. The population of interest is healthy/ stable patients being visited in ED for an emergency condition. The ED is responsible for stabilizing patients' vital signs and providing the necessary medical consultations for patients to enter special wards or operating rooms. Particularly, ED physicians make consultations with specialties in General Medicine (Neurology, Cardiology, Nephrology, Gastrointestinal, Endocrinology, Rheumatology), General Surgery, Pediatrics, Obstetrics, gynecology, and Urology. We considered these classifications to comprehensively include all possible emergency conditions. We limited the analysis to conditions with a specific golden time/hour or any outcome showing the incidence of delayed care (for example orchiectomy is preventable for testicular torsion if being treated at golden hours). The phrase "golden hour" was invented to emphasize the importance of timely emergency care in a time window that treatment would most prevent

Table 1 PICO method for study questions

PICO Evidence-ba	sed study concepts					Referenc
P: Population of interest	Emergencies in differ- ent ED consultations	Neurology	Meningitis	Acute ischemic stroke	Seizures	[19]
	which needs a timely intervention	Cardiology	Acute MI/ Acute Coronary Ischemia	Aneurysm	Aortic Dissection	[20]
			Cardiac Tamponade			
		Nephrology	polyangiitis and Wegener's granulo- matosis	Nephrotic syndrome		[21]
		Gastroenterology	Upper GI bleeding	Lower GI bleeding		[22]
		Endocrinology	Diabetic ketoacidosis (DKA)	Hypoglycemia	Acute adrenocortical insufficiency	[23]
			Phaeochromocy- toma crisis	Acute Hypercalcae- mia	Thyroid storm	
			Myxoedema coma	Acute pituitary apoplexy		
		Rheumatology	Polyarteritis nodosa	polyarteritis nodosa	Scleroderma	[21]
			polyangiitis and Wegener's granulo- matosis	Catastrophic antiphospholipid syndrome		
		General surgery	Acute abdominal cond	ditions, including:	Respiratory obstruc-	[24]
			Incarcerated and Strangulated Inguinal Hernias	Bleeding from esophageal varices	tion, foreign bodies	
			Appendicitis	Pelvic infections with abscesses		
			Intestinal obstruction	Perforated typhoid ulcers	Surgical infections	
			Complications of peptic ulcer	Amebic liver abscess		
			Gall bladder and bile o	luct disease		
		Obstetrics & Gyne-	torsion of ovary	Ectopic Pregnancy		[25]
		cology	pre-eclampsia and eclampsia	placenta praevia/pla- cental abruption	Miscarriage	
			premature rupture of I	membranes		
		Urology	Acute Scrotum (tor- sion of testis)	Acute Urinary Reten- tion	Severe Hematuria	[26]
			Lithiasis	Fournier Gangrene		
		Psychiatry	Suicide	Agitated and violent p	oatients	[27]
l: Intervention	Disease specific interve	ention in golden time				
C: Control	Pre-COVID-19 outcom	es in same centers per	study			
O: Outcome	Prevalence of Failure / door time, Onset to tre		t, Prevalence of disease	complications due to de	elayed care, Onset to ho	ospital

mortality and morbidity [28]. Outcomes of interest were the prevalence of failure/disruption of treatment due to delayed referral and onset to hospital door time, and onset to treatment time. We compared two time periods, before and during COVID-19.

Based on this concept, and using the National Confidential Enquiry into Patient Outcome and Death (NCE-POD) classification of intervention [29], diseases that need interventions that a reservation is being made before a routine hospitalization (elective intervention) and diseases that do not pose a threat to life, limb, or organ survival within a few days after deciding to conduct the intervention (expedited intervention) were not included in our study scope; whereas diseases that needed intervention immediately or within hours of the decision to operate were included in our study. But inhospital timings like patient waiting time and delayed decision makings were waived in this study as our primary literature review did not show the feasibility of meta-analysis due to low data availability.

So, our study question was conceptualized to be "has the incidence of [endpoint marking delayed healthcare seeking] in [a medical emergency] been changed in comparison of patients referring to EDs before and during the COVID-19?" or "has the time of disease symptom onset to ED room been changed in comparison of patients referring to EDs before and during the COVID-19?"

This Systematic review study was performed based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines. Selected populations of interest (the emergency condition) attributed MeSH terms were considered as main keywords. Search strings used for the selected conditions are listed in supplementary Table 1. In each panel, 2 independent researchers performed the literature review.

The inclusion criteria for studies in this study were english articles that had reported variables of interest before and during the COVID-19 pandemic in the same medical centers. After removing the duplicated search results, potentially relevant studies were collected for eligibility assessment. A third researcher judged the study in which the last two independent researchers didn't agree to include. The search process is summarized in Fig. 1. Reference lists of studies were also hand queried for relevant references.

Data extraction

In the case of the ACS panel, patient-related delay indicators were chosen to be the median time of symptom onset to first medical contact and symptom onset to administration in all ACS cases (STEMI and NSTEMI), and rate of delayed administration in STEMI cases (>12h). In acute appendicitis panel, perforated appendicitis rate, diagnosed in operation and later than 72 hours ED visit were considered as outcomes. In aneurismal SAH, vasos-pasm findings on CT angiography and The World Federation of Neurological Surgeons (WFNS) score higher than 3 and Fisher grade of higher than 2 (which is showing the amount of hemorrhage) were considered. Tissue plasminogen activator (rt-PA) administration rate and symptoms onset to ED door time was considered for stroke. Rupture of ectopic pregnancy, orchiectomy, and DKA presentation was chosen as indicators of delayed presentation in ectopic pregnancy, testicular torsion, and

Analysis

Data of Studies with Quantitative outcomes of interest (time from onset to hospital or treatment) were collected and analyzed with Difference in Means or Difference of medians (DoM) in r packages. Data of studies with binary outcomes of interest (treatment failure or event of delayed care sought) were extracted in form of event rate in the total number of cases, before and during the COVID-19 pandemic. Binary data of rates were extracted as proportions of total study sample risk ratio was calculated to be pooled.

newly diagnosed T1DM panels, respectively. Study id,

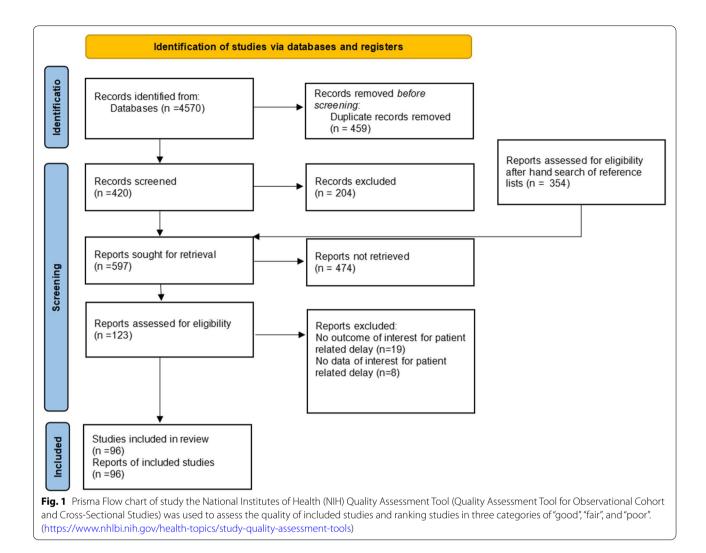
time frames, and country were also extracted.

The Cochran Q test (two-test for heterogeneity) was used to assess the heterogeneity of the studies. I^2 was used to calculate the percentage of total heterogeneity to total variability. A Q test with a P < 0.1 or an I^2 statistic of greater than 60% was considered significant statistical heterogeneity. The random-effects model or fixed-effect model was used in case of heterogeneity presence or not, respectively. A 2-sided P < 0.05 was considered statistically significant. Publication Bias assessment was conducted by Funnel plot to depict publication bias. Egger's bias test was used to determine asymmetry.

Relative change in disease incidence was visualized on a world map created using Datawrapper online tool (https://app.datawrapper.de) and it is based on data provided by studies reporting parallel timeframe of the prepandemic and pandemic period.

Results

Following the literature review, 96 studies were included in the study in 7 panels for different medical conditions of (i) DKA rate in T1DM [8 studies]; (ii) Vasospasm rate in CT angiography [2 studies]; (iii) Orchiectomy rate in testicular torsion [6 studies]; (iv) rt-PA receiving rate in



CVA patients [27 studies]; (v) Perforated appendicitis rate in acute appendicitis [20 studies]; (vi) rupture rate in ectopic pregnancy [8 studies]; and (vii) ACS patientrelated delay [22 studies], as shown in Table 2. A total number of 139,542 patients were included in the before COVID-19 cohort and 84,601 in the COVID-19 cohort.

Highlights of the results

We found significant changes in the pattern of patients' referral to EDs in the case of ACS, aneurismal SAH, acute appendicitis, newly diagnosed T1DM, and testicular torsion with the emergence of the pandemic; while other medical emergencies did not show significant differences. Here the details of statistical analyses for pooling the studies are presented separately for each panel.

As shown in Table 2, 28 studies were eligible in the stroke panel; of which 21 studies were included in the

time metrics meta-analysis of Differences of Medians (DoM) of symptoms onset to ED door, and 25 were included in the meta-analysis of the proportion of rt-PA administration. Based on the random-effects model, there were no significant differences in median time from symptoms onset to ED door between pre-and during-COVID-19 cohorts in CVA subjects (DoM = 15.67 min, 95% CI:-22.84 to 54.18 min; P = 0.425, supplementary Fig. 1). However, we found high heterogeneity between studies (I² = 98.31%) with no evidence of publication bias (Funnel Plot Asymmetry P=0.969, supplementary Fig. 2). We did not recognize any source to evaluate as a meta-regression model to explain the high amount of heterogenicity.

In the case of the proportion of rt-PA administration among all CVA patients, based on the randomeffects model, with a high value of heterogenicity

acteristics of included studies
Charad
Table 2

DKA rate in T1DM Attas al	orudy ID	ref	Before the COVID-19	VID-19		During the COVID-19	VID-19		Country	relative change ^a	Quality
		+	number of total cases	number of events	Time frame	number of total cases	number of events	Time frame			
Pon		[30]	204	86	2020	58	30	2017-2019	Australia	0.81%	good
	Ponmani al. [3	[31]	150	49	January and July, 2020	178	79	2019	NK	1.03%	good
Rabi	Rabbone al. [3	[32]	208	86	2020	160	61	20 February and 14 April 2019	Italia	0.51%	poob
Kam	Kamrath et al. [3	[33]	959	233	March 13 to May 13 2020	532	238	2019 and 2018	Germany	1.6%	good
Bog	Bogale et al. [3	[34]	370	172	03/01/2020- and 09/14/2020	42	19	1/1/2017 to 2/28/2020	USA	0.51%	poob
Ho et al.		[35]	114	52	March 17 to August 31, 2020	107	73	2019	Canada	1.04%	poob
Gera al.		[36]	31	13	2020	33	21	1 March to 30 June, 2019	NSA	1.1%	fair
Law	Lawrence al. [3		42	11	March to May,2020	11	00	2015-2019	Australia	2.51%	good
Vassospasm rate in CT Fiori angiography	Fiorindi et al.	[38]	179	14	March 9 to May 10, 2017–2018-2019	72	13	March 9 to May 10, 2020	Italy	2.23%	fair
Abo	Aboukaïs et al. [3	[39]	28	21	March 1st, 2019 and April 26th, 2019	26	24	March 1st, 2019 and April 26th, 2020	France	0.48%	poob
Orchiectomy rate in testicu- Nels lar torsion	Nelson et al. [4	[40]	77	13	1 January 2018–29 February 2020	17	2	1 March 2020–31 May 2020	USA	1.57%	poob
Littn	Littman et al. [4	. [41]	47	21	2015 to 2019	20	5	March 15, 2020 to May 4, 2020	USA	0.11%	poob
Pog	Pogorelić et al. [4	[42]	68	11	January 1st, 2019 to March 10th, 2020	51	22	March 11th, 2020 to December 31st, 2020	Croatia	2.5%	poob
Holz	Holzman et al. [4	[43]	137	40	January 2019 through February 2020	84	34	March through July 2020	USA	1.09%	boog
Lee	Lee et al. [4	4	55	18	3/11/2018 to 10/1/2019	27	12	3/11/2020 to 10/1/2020	NSA	1.03%	good
Shields		[45]	26	30	March 1, 2015-December 31, 2019	38	19	March 1, 2020-December 31, 2020	USA	0.94%	poob
rt-PA reciving rate in CVA Xu et al. patients		[46]	153	53	December 1, 2019, and January 30, 2020	66	29	February 1, 2020, and March 31, 2020	China	0.5%	poob
Velill	Velilla-Alonso et al. [4	[47]	112	65	March 14 to May 14, 2019	83	36	March 14 to May 14, 2020	Spain	0.17%	good
Aref	Aref et al. [4	[48]	118	17	whole study in December 7, 2019 and May 10, 2020; not clearly addresed	136	31	whole study in December 7, 2019 and May 10, 2020; not clearly addresed	Egypt	1.44%	fair
Rou	Roushdy. et al. [4	[49]	151	16	February 15 to april 3, 2019	93	20	February 15 to april 3, 2021	Egypt	1.92%	boog
Kats	Katsanos et al. [5	[20]	8		March 17- april 30, 2019	12		March 17- april 30, 2020	Canada		fair
Teo	Teo et al. [5	[12]	89	64	January 23, 2020–March 24, 2019	73	40	January 23, 2020-March 24, 2020	Hong Kong	0.04%	poob
Padr	Padmanabhan et al. [5	[52]	167	22	March 15th and April 14th, 2019	101	11	March 15th and April 14th, 2020	UK	0.69%	poob
D'Ar	D'Anna et al. [5	[23]	283	46	23rd March to 30th June 2019	235	27	23rd March to 30th June 2020	UK	0.54%	poob

(continued)	
Table 2	

	Study ID	ref	Before the CO	the COVID-19		During the COVID-19	VID-19		Country	relative change ^a	Quality
			number of total cases	number of events	Time frame	number of total cases	number of events	Time frame			
	Paliwal. et al.	[54]	206	25	from 1st November 2019 to 7th February 2020	144	24	from 7th February to 30th April 2020	Singapore	1.25%	poob
	Tejada Meza et al.	[55]	492	178	March 9–May 3, 2020	304	26	December 30, 2019 - March 9, 2020	Spain	0.52%	poob
	Agarwal et al.	[56]	634	195	6/1/2019-2/29/2020	120	38	03/012020-05/152020	US	0.72%	good
	Wallace et al.	[57]	2692	335	Jan 1–Feb 29, 2020	1225	149	Mar 20–Apr 25, 2020	US	0.85%	good
	Wu et al.	[58]	2354	1199	01/24/2019 to 04/29/2019	1281	791	01/24/2020 to 04/29/2020	china	0.7%	good
	Sevilis. et al.	[59]	15,226	1137	December 1, 2019, to March 15, 2020	11,105	88	March 15, 2020 to June 27, 2020	US	0.03%	good
	Tavanaei et al.	[09]	190	25	2019 (Mar 1 to Jun 1)	95	18	2020 (Mar 1 to Jun 1)	Iran	1.31%	good
	Srivastava et al.	[61]	39,113	4576	November 1, 2019 and February 3, 2020	41,971	4785	February 4, 2020 and June 29, 2020	US	0.86%	poob
	Frisullo et al.	[62]	41	13	March–April 2019	52	7	March–April 2020	Italy	0.11%	fair
	Luo et al.	[63]	377	293	January 2019 to May 2019	315	231	January 2020 to May 2020	China	0.17%	good
	Bhatia et al.	[64]	1237	182	February and July 2019	1312	230	February and July 2020	India	1.04%	fair
	Cummings et al.	[65]	5239	656	March 2019 to February 2020	613	95	March to April 2020	US	1.11%	good
	Rinkel et al.	[99]	407	59	October 21st–December 8th 2019	309	50	March 16th–May 3th 2020	Netherlands	0.97%	poob
	Ramos-Pachón et al.	[67]	1033	300	March 15–May 2, 2020	805	177	March 15–May 2, 2020	Spain	0.47%	poob
	Meza et al.	[68]	225	52	30 December 2019 to 14 march, 2020	93	20	15 march, 2020 to 4 May 2020	Spain	0.7%	fair
	Velilla-Alonso et al.	[47]	112	65	March 14 to May 14, 2019	83	36	March 14 to May 14, 2020	Spain	0.17%	poob
	Nagamine et al.	[69]	37	15	March 1–April 30, 2019	36	10	March 1–April 30, 2020	US	0.28%	good
	Siegler et al.	[02]	1491	124	March 1, 2019, and July 31, 2019	1464	54	March 1, 2020, and July 31, 2020	US	0.36%	good
	Wang et al.	[12]	320	20	12/1/19-03/11/20	255	30	03/12/20-06/30/20		1.82%	fair
Perforated appendicitis rate in acute appendicitis	Yang et al.	[72]	129	10	January to September 209	106	19	January to September 2020	china	0.25%	poob
	Zhou et al.	[73]	121	10	2019	81	15	2020	china	0.26%	good
	Tankel et al.	[74]	237	31	31 December 2019–18 February 2020	141	29	19 February 2020–07 April 2020	Israel	0.43%	good
	Orthopoulos et al.	[72]	199	50	February 1–March 15, 2020/ 2019/ 2018	40	25	March 16, 2020–April 30, 2020	USA	-0.22%	poob
	Kumaira Fonseca et al.	[76]	82	12	March and April 2019	36	11	March and April 2020	Brazil	0.17%	good
	Turanli et al.	[77]	145	31	March 1st,2019–February 29th, 2020	59	12	March 1st, 2020–May 31st, 2020	Turkey	0.85%	poob
	Wang et al.	[78]	48	Q	January 21, 2018 to May 6, 2018, and January 21, 2019 to May 6, 2019	32	10	January 2020 to May 2020	USA	0.09%	fair

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Immated [23] [12] [24] [25] [24] [25] [24] [25] <th[25]< th=""> [25] [25] <</th[25]<>				number of total cases	number of events	Time frame	number of total cases	rof	Time frame			
Life this 10 3-4 0 Rebund 50 2 10 20 10 10 10 10 Membra He ch (01 20 2 Membra 100 mode 50 2 Membra 100 mode 50 3 Membra 100 mode 50 3 10 20 Membra He ch (01 20 2 Membra 200 mode 50 3		Jäntti et al.	[6/]	127	22	1 February 2020 and 30 April 2020; first 6 weeks	66	<u>1</u>	1 February 2020 and 30 April 2020; second 7 weeks	Finland	0.24%	poob
Buggeterial [91] 21 30 Mach 2014 61 21 30 Mach 2014 61 100 23 Mach 2014 50 100 Mach 2014 50 100 2014		Lisi et al.	[80]	34	6	February 2019 and Decem- ber 2019	27	16	February 2020 and Decem- ber 2020	Italy	-0.15%	poob
Anolese (k) [2] 100 22 Nonline (k) 23 Nonline (k) 23 233 <td></td> <td>Burgard et al.</td> <td>[81]</td> <td>241</td> <td>37</td> <td>March 12 to June 6, 2017, 2018, and 2019</td> <td>65</td> <td>21</td> <td>March 12 to June 6, 2020</td> <td>switzerland</td> <td>0.15%</td> <td>poob</td>		Burgard et al.	[81]	241	37	March 12 to June 6, 2017, 2018, and 2019	65	21	March 12 to June 6, 2020	switzerland	0.15%	poob
Inductione at, isotron (k) (3) </td <td></td> <td>Antakia et al.</td> <td>[82]</td> <td>110</td> <td>22</td> <td>November 1, 2019 to March 10, 2020</td> <td>59</td> <td>12</td> <td>March 10, 2020 to July 5, 2020</td> <td>UK</td> <td>0.78%</td> <td>poob</td>		Antakia et al.	[82]	110	22	November 1, 2019 to March 10, 2020	59	12	March 10, 2020 to July 5, 2020	UK	0.78%	poob
Sind ret [8] [9] [8] [9		Finkelstein et al.	[83]	59	10	March to May 2019	48	16	March to May 2020	USA	0.18%	good
Balai et al. [6] 3.2 0.6 9.000 Memori 2.2000 5.0 10 0.0045 after Maiori 2.2020 Memori 2.2		Sartori et al.	[84]	791	76	march-April 2019	546	87	arch-April 2020	Italy	0.44%	good
Diale et al. [6] 12 11 Junuy 1s - March 351 62 13 March 3611-30		Baral et al.	[85]	42	9	90 prior March 24 2020	50	10	90 days after March 242,020	Nepal	0.51%	fair
Deficienci (8) (5) (1) (2001)(2003)(2004)(2004)(2003) (3) (3) (301) (3		Toale et al.	[86]	122	11	January 1st – March 25th	62	13	March 26th – May 31st	Ireland	0.22%	good
Monthmentiel Bit Cold State Monthmentiel Cold Admits/COCCOND Each Monthmentiel No Numbed det rail (5) 300 (5) Numbed det rail (5) (5) (5) (5) Schejmane ratal (5)		Dreifuss et al.	[87]	65	1	April 1, 2020 and April 30, 2018, 2019	15	2	April 1, 2020 and April 30, 2020	Argentina	-0.1%	good
Number of et al. [8] 60 [8] December (.2013-March) 91 25 Menth (12, 202-March) 93 60 61 Scheipmass et al. [9] 62 157 Febuugy and March 2019 607 179 Februgy and March 2020 Netherlands 0.05% Scheipmass et al. [9] 63 4 1.2032019 and 30062019 40 8 1.2/03/202 and 300627203 Retherlands 0.05% Scheipmass et al. [9] 63 4 1.2032019 and 30062019 40 1 1.2/03/202 and 300627203 Retherlands 0.05% Scheip et al. [9] 30 5 1.5/34/2014 february 5 6 March 10200 Retherlands 0.05% Torna et al. [9] 30 5 1.5/34/2014 february 5 5 March 2020 Retherlands 0.05% Torna et al. [9] 13 10 2 1.5/34/2014 february 5 5 March 2020 Retherlands 1.5/36/2014 1.5/36/2016 1.5/36/2016 1.5		Mor Aharoni et al.	[88]	60	5	1 March 2019 to 30 April 2019	74	0	April 1, 2020 and April 30, 2020	israel	NA	fair
Schejmans et al. [90] 6.2 157 February and March 2019 6.07 179 February and March 2020 Netherlencis 0.39% Simus et al. [91] 69 4 1.2032/03 and 3006/2010 49 12032/03 and 3006/2020 Netherlencis 0.39% Simus et al. [91] 69 4 1.2032/03 and 3006/2010 29 0.39% 0.39% Deash et al. [94] 136 2 Nach 10-May 12.2020 Need 0.39% Deash et al. [94] 136 2 15/34/37 and 15 June 2013 29 Nach 3006/3020 Need 0.39% Deash et al. [94] 136 2 15/34/34 and 15 June 2013 19 10 2036 Ret et al. [94] 136 2 15/34/34 and 15 June 2013 11 11 13/44 and 15 June 2013 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11		Neufeld et al.	[89]	840	181	December 1, 2019–March 10, 2020	16	25	March 11, 2020–May 16, 2020	usa	0.51%	good
Somested [91] 69 4 12/03/2019 and 30/06/2019 40 12/03/2010 field 1006 0096 inectopic Bagteti. [92] 43 2 March 10-May 12, 2019 29 March 10-May 12, 2019 16 0296 Dashtetal [94] 30 5 [53March and 15 June 2018] 19 11 15 March and 15 June 2020 18 ed 0296 Toma tetal [94] 196 82 [53March and 15 June 2018] 19 11 15 March 2020 and June 2020 19 ed 0296 Toma tetal [94] 196 82 [500 March 2020 and June 2020] 19 ed 0296 Toma tetal [94] 196 82 [500 March 2020 and June 2020] 19 ed 0296 Casadto et al [97] 208 23 [500 anua y 2010 stop 1000] 19 ed 0296 Antebyeral [93] 120 201 201 201 201 201 Meret all [93] 120 201 201		Scheijmans et al.	[06]	642	157	February and March 2019	607	179	February and March 2020	Netherlands	0.53%	good
Intectolic Bage tail [92] 31 2 March 10-May 12.2020 Israel 0.02% Dash tet al. [93] 30 5 [5 March and 15 June 2019 10 15 March and 15 June 2020 Israel -0.02% Toma et al. [94] 136 82 [5 March and 15 June 2019 10 March 2020 and June 2020 Israel -0.02% Parts et al. [95] 179 82 [3 march 2019 and February 200 10 March 2020 and June 2020 Israel -0.02% Parts et al. [95] 179 4 January 5101-June 2019 162 3 March 2020 and June 2020 Israel -0.02% Anteby et al. [97] 201 201 January 5101-June 2019 162 March 312020 Israel -0.02% Anteby et al. [97] 201 201 January 5101-June 2019 162 March 312020 Israel -0.02% Anteby et al. [91] 201 201 January 12104.164/Juny 12 10 Januay 121.2020 Israel 2.3		Somers et al.	[16]	69	4	12/03/2019 and 30/06/2019	40	00	12/03/2020 and 30/06/2020	Ireland	0.09%	good
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Toma et al. [94] 136 82 March 2013 and February 62 50 March 2020 and June 2020 Delevate -00666 Platts et al. [95] 179 4 January 2019-June 2019 162 3 March 2020 and June 2020 Delevate -00666 Platts et al. [97] 179 4 January 2019-June 2019 162 3 March 2020 and June 2020 UK 1196 Anteby et al. [97] 208 23 January 212.0310 stops 160 23 Hebrary 27, 2020 to Sep. 100 23 Hebrary 27, 2020 to Sep. 103 -0.2866 Werner et al. [93] 12 201 2019-2020 10 12 233 Hebrary 27, 2020 to Sep. 103 134 -0.2866 Werner et al. [93] 12 201 2019-2020 10 12 234 234% Werner et al. [93] 9 2 2 2 200 234 24 24 Tam et al. [93] 9		Dvash et al.	[63]	30	ιΩ	15 March and 15 June 2018, 2019	19	11	15 March and 15 June 2020	Israel	-0.29%	good
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Casadio et al. [96] 201 52 January 1st 2014 - February 9 6 March 1st 030h April 2020 Ialy -0.28% Anteby et al. [97] 208 23 February 27, 2020 to Sep. Israel 0.25% Merrer et al. [98] 12 51 2019-2020 10 23 February 27, 2020 to Sep. Israel 0.25% Werner et al. [98] 12 51 2019-2020 10 12 March 15th and May 17th, USA 2.34% Under et al. [99] 9 20 February 24th - May 31 11 16 February 24, 2.020 0.7% 0.07% Under et al. [100] 48 2 2019 2.01 2.01 2.01 2.34% Tam et al. [100] 48 1 16 February 24, th - May 31 11 16 1.0 2.34% Tam et al. [100] 48 2 2.0 1.0 2.0 1.0 2.0 Tam et al. [101]		Platts et al.	[96]	179	4	January 2019–June 2019	162	e	March 2020-August 2020	UK	1.19%	good
Anteby et al. [97] 208 23 February 27, 2020 to Sep- tember 27, 2018, 2019 100 23 February 27, 2020 to Sep- tember 27, 2020 Israel 0.25% Werner et al. [98] 12 51 2019-2020 10 12 March 15th and May 17th, 2020 US 234% Werner et al. [99] 9 201 2019-2020 10 12 March 15th and May 17th, 2020 US 234% Dell'Utri et al. [99] 9 201 2019-2020 10 12 2020 244% Tam et al. [100] 48 - February 1,2018, to January 7 - January 25, 2020, to Febru- NE Tam et al. [100] 48 - Indary 12,013, to January 7 - January 25, 2020, to Febru- NE Fileti et al. [101] 94 - Indary 12,013, to January 7 - January 25, 2020, to Febru- NE Mesnier et al. [102] 64 - Indary 12,012, 00 Irah NE <td></td> <td>Casadio et al.</td> <td>[96]</td> <td>201</td> <td>52</td> <td>January 1st 2014 - February 29th 2020</td> <td>6</td> <td>9</td> <td>March 1st to 30th April 2020</td> <td>ltaly</td> <td>-0.28%</td> <td>fair</td>		Casadio et al.	[96]	201	52	January 1st 2014 - February 29th 2020	6	9	March 1st to 30th April 2020	ltaly	-0.28%	fair
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DellUtrietal. [9] 9 20 February 24th-May 31 11 16 February 24th-May 31 Ialy 00796 Tam et al. [100] 48 - February 1,2018, to January 7 - January 25, 2020, to Febru- China NE Filetiet al. [101] 94 - 10 March and 10 April 2019, 72 - January 25, 2020, to Febru- China NE Mesnieret al. [101] 94 - 10 March and 10 April 2019, 72 - January 25, 2020, to Febru- China NE Mesnieret al. [101] 94 - 10 March and 10 April 2019, 72 - 10 March and 10 April 2020, Ialy NE Mesnieret al. [102] 664 - 7 25 - 10 March and 10 April 2020, Ialy NE Choudhay et al. [103] 1488 - 25 March to 24 April 2020, Ialy NE NE Kwok et al. [104] 33,255 - 12 March 2020 30April 2020, NE		Werner et al.	[98]	12	51	2019-2020	10	12	March 15th and May 17th, 2020	USA	2.34%	fair
Tam et al. [100] 48 - February 1,2018, to January 7 - January 25, 2020, to Febru- China NE Filet et al. [101] 94 - 10 March and 10 April 2019, 72 - 10 March and 10 April 2020, 1aly NE Mesnieret al. [102] 64 - 10 March and 10 April 2020, 457 - Mar 17 to April 122,020, france NE Choudhary et al. [103] 1488 - (25 March to 24 April 2020, 289 - (25 January 24 February 2020) India NE Kwok et al. [104] 33,255 - 1 January 2017 to 22 March 683 - 23 March 2020 30 April 2020, NE		Dell'Utri et al.	[66]	6	20	February 24 th - May 31 th 2019	11	16	February 24 th - May 31 th 2020	Italy	0.07%	good
[101] 94 - 10 March and 10 April 2019, 72 - 10 March and 10 April 2020, Ialy NE al. [102] 664 - Feb to Mar 16 2020 457 - Mar 17 to April 2020, France NE 'et al. [103] 1488 - (25 March to 24 April 2020) 289 - (25 January 2020) India NE 'et al. [103] 33,255 - 1 January 2017 to 22 March 683 - 23 March 2020to 30 April 2020 UK NE	ACS patient-related delay	Tam et al.	[100]	48	I	February 1, 2018, to January 31, 2019	7	I	January 25, 2020, to Febru- ary 10, 2020	China	NE	fair
al. [102] 664 - Feb to Mar 16 2020 457 - Mar 17 to Apri 122,020 France NE et al. [103] 1488 - (25 March to 24 April 2020 289 - (25 January to 24 February 2020 India NE [104] 33,255 - 1 January 2017 to 22 March 683 - 23 March 2020 to 30 April 2020 UK NE 2020		Fileti et al.	[101]	94	I	10 March and 10 April 2019,	72	I	10 March and 10 April 2020,	Italy	NE	good
ret al. [103] 1488 – (25 March to 24 April 2020 289 – (25 January 24 February 2020 India NE [104] 33,255 – 1 January 2017 to 22 March 683 – 23 March 2020 to 30 April 2020 UK NE 2020		Mesnier et al.	[102]	664	I	Feb to Mar 16 2020	457	I	Mar 17 to Apri 122,020	France	NE	good
[104] 33,255 – 1 January 2017 to 22 March 683 – 23 March 2020 to 30 April 2020 UK NE 2020		Choudhary et al.	[103]	1488	I	(25 March to 24 April 2020	289	I	(25 January to 24 February 2020	India	NE	good
		Kwok et al.	[104]	33,255	I	1 January 2017 to 22 March 2020	683	I	23 March 2020 to 30 April 2020	UK	NE	poob

ole 2 (continued)	
	Ð	

Study ID	ref	Before the COVID-19	VID-19			21-JIV		country of		(anna)
		number of total cases	number of events	Time frame	number of total cases	number of events	Time frame			
Erol et al.	[105]	1872	. 1	15-day registry (November	991	I	April 17–May 2, 2020	Turkey	NE	good
Erol (b) et al.		1872	I	1–15, 2018	992	I			NE	
Toner et al.	[106]	102	I	March 16–April 15 between 2014 and 2019	20	I	March 16–April 15, 2020	Australia	NE	good
Li et al.	[107]	1092	I	2019 (Feb to Apr)	1038	I	2020 (Feb to Apr)	Taiwan	NE	fair
Claeys et al.	[108]	260	I	March 13 to April 3 2019	188	I	March 13 to April 32,019	Belgium	NE	fair
Trabattoni et al.	[109]	10	I	March 8 and April 10,2019	24	I	March 8 and April 10,2020	Italy	NE	fair
Braiteh et al.	[110]	113	I	March/April of 2019	67	I	March/April 2020	USA	NE	good
Cammalleri et al.	[110]	35	I	Mar 1 to Mar 31 2019	13	I	Mar 1 to Mar 31 2020	Italy	NE	good
Scholz et al.	[111]	1329	I	Mar 2017–2019	387	I	Mar2020	Germany	NE	good
Scholz (b) et al.		1330	I		388	I			NE	good
Hauguel-Moreau et al.	[112]	63	I	2018–2019 from February 17 to April 26	16	I	March 17, 2020 in France (week 12)	France	NE	poob
Romaguera et al.	[113]	524	I	1 March to 19 April 2019	395	I	1 March to 19 April, 2020	Spain	NE	fair
Romaguera (b) et al.		525	I		396	I			NE	
Xiang et al.	[1 14]	626	I	4 weeks before January 24, 2020	236	I	4 weeks after January 24, 2020	China	NE	poob
Xiang (b) et al.		15,729	I	4 weeks before January 24, 2020	11,598	T	4 weeks after January 24, 2020	non-hubai	NE	good
Yasuda et al.	[115]	274	I	January–July 2015–2019	64	I	January–July 2020	Japan	NE	good
Sutherland et al.	[116]	145	I	1 March 2020 to 31 April 2020	108	I	1 March 2020 to 31 April 2020	Australia	NE	good
Sutherland (b) et al.		145	I	1 March 2020 to 31 April 2021	82	I	1 July 2020 to 31 August 2020	Australia	NE	good
Trabattoni et al.	[117]	386	I	Jan 1-Dec 31, 2019	599	I	Jan 1-Dec 31, 2020	Italy	NE	good
Calvão et al.	[118]	80	I	March and April 2019	71	I	March and April 2020	Portugal	NE	good
Chan et al.	[119]	908	I	23 March – 26 April 2015–2019	164	I	23 March – 26 April 2020	New Zealand	NE	poob
Nan et al.	[120]	158	I	between August 1, 2019, and January 22, 2020	52	I	January 23, 2020, and March 31, 2020	China	NE	poob
Tomasoni et al.	[1.2.1]	51		0000 00 1-1 -+ 6			F-1 11 10 2020		L	

 $^{\rm a}$ Relative change in event rate; NE not estimated

(I² = 97.56%), there were no differences in the event rate of receiving rt-PA in pre-COVID-19 and COVID-19 cohorts (RR = -0.11, 95% CI:-0.33 to 0.11; P = 0.0914; supplementary Fig. 3). We did not observe evidence of publication bias (P = 0.541, supplementary Fig. 4).

Nine studies had reported ACS symptom onset to first medical contact of which 3 studies had subgroups in different time frames that finally 12 study/sub-group data was entered meta-analysis. Meta-analysis using a random-effects model ($I^2 = 99.52\%$) revealed no significant difference in DoM of symptom onset to first medical contact (minutes) in comparison of pre-COVID-19 cohorts with COVID-19 cohorts (DoM=65.71 min, 95% CI:-11.55 to 142.98; P = 0.0955); while there was a high possibility of publication bias or small study effects due to asymmetry of the funnel plot (P = 0.0281), supplementary Fig. 5. The trim-filling method was not successful in eliminating bias and after using the trimfill method publication bias was still present; more advanced statistical methods are needed in the case of DoM.

Seven studies had reported symptom onset to first medical contact of which 1 study had subgroups in different time frames that finally 8 study/sub-group data was entered meta-analysis. Meta-analysis with random-effects model ($I^2 = 61.21\%$; Q(df=7)=18.91, P=0.0085) revealed significant increase in DoM of symptom onset to administration (minutes) in comparison of pre-COVID-19 cohorts with COVID-19 cohorts (DoM=30.94 min, 95% CI:12.919 to 48.966; P=0.0008); with no evidence for publication bias or small study effects (P=0.0892).

In neurosurgery panel, aneurismal subarachnoid hemorrhage was chosen as emergency condition in which delayed health care sought was considered as vasospasm finding on CT angiography, Fisher grade > 2, and WFNS >3. There were only 2 eligible studies. Due to $I^2 = 0.0\%$ (Q(df=1)=0.0153, P=0.901), we preferred to perform the meta-analysis. In a fixed effect model, there was a powerful statistically significant increased rate of vasospasm finding on CT angiography in comparison of Pre-COVID-19 and COVID-19 cohort (RR=1.575, 95% CI:0.72 to 2.42; P = 0.003), as shown in supplementary Fig. 6; but findings were not statistically significant in case of Fisher grade > 2 (RR = -0.0064, 95% CI: -0.2196 to 0.2068, P = 0.9533, $I^2 = 0.0\%$), as shown in supplementary Fig. 7; and WFNS >3 (RR=0.3088, 95% CI:-0.2631 0.8807, P = 0.2899, $I^2 = 42.40\%$, [Q(df = 1) = 1.7362,P = 0.1876]), shown in supplementary Fig. 8.

In the urology panel, in the case of testicular torsion, 6 studies were selected to be included in the meta-analysis of orchiectomy rate among testicular torsion cases, being age limited to pediatric cases to decrease the heterogeneity. In a fixed-effects model, with heterogeneity of 3%, RR was estimated to be 0.259 (95% CI:0.026 to 0.492; P = 0.029, supplementary Fig. 9) and no publication bias evidence (regression test for funnel plot asymmetry p = 0.883, supplementary Fig. 9). This was indicating a statistically significant rise in the rate of orchiectomy rate among testicular torsion in COVID-19 cohorts compared to pre-COVID-19.

In Endocrinology/pediatrics panel, in the case of newly diagnosed type 1 diabetes mellitus (T1DM), 8 studies were included in the meta-analysis of DKA presentation rate among T1DM cases, being age limited to pediatric cases to decrease the heterogeneity. Using a random-effects model, RR was estimated to be 0.224 (95% CI:0.062 to 0.38; p=0.0065) and no publication bias evidence (regression test for funnel plot asymmetry P=0.915, supplementary Fig. 10). The results presented in individual studies were moderately heterogeneous (I²=49.37%, Q(df=7)=14.98, P=0.0362, supplementary Fig. 11). This shows a statistically significant increase in the rate of DKA presentation rate among T1DM patients, comparing pre-COVID-19 and COVID-19 cohorts.

In Obstetrics and gynecology panel, in the case of ectopic pregnancy, 8 studies were selected to be included in the meta-analysis of rupture of ectopic pregnancy rate among all ectopic pregnancy cases. In a random-effects model, with heterogeneity of 56.20% (Q(df = 7) = 17.0353,P = 0.0172, supplementary Fig. 12), RR was estimated to be 0.112 (95% CI:0.0248 to 0.201; p = 0.0065); but there was potential possibility of publication bias (regression test for funnel plot asymmetry P = 0.0121, supplementary Fig. 13). So, using the trim and fill method, 4 studies were filled, and the final RR was 0.0670 (CI95%: -0.0064 to 0.1404; p = 0.0734, supplementary Figs. 14 and 15). So, there were no significant changes in the rate of EP rupture before and during the pandemic.

In the general surgery panel, in the case of acute appendicitis, 20 studies were selected to be included in the meta-analysis of Perforated appendicitis rate among all acute appendicitis cases, diagnosed based on post-operation findings. To minimize possible heterogeneity, adultaged studies were included. In a Fixed- Effects Model, with heterogeneity of 18.59%, RR was estimated to be 0.362(CI95%:0.2549 to 0.4690; p < .0001; supplementary Fig. 16) and no publication bias evidence (regression test for funnel plot asymmetry p-value=0.242; supplementary Fig. 17). This shows a statistically significant increase in the rate of the perforation rate among acute appendicitis patients, comparing pre-COVID-19 and COVID-19 cohorts. of 20 selected articles, 3 studies reported late symptom onset to ED referral rate in case of later than 72 hours ED visit to symptom onset time. In a metaanalysis of later than 72 h referral, using a random-effects model, with a heterogeneity of 75.32%, RR was estimated to be 0.641(CI95%: -0.6104 to 1.8938; p=0.315, supplementary Figs. 18 and 19). There were no significant changes in the rate of late referral (Table 3).

Studies in which the time frames of pre-COVID-19 and COVID-19 cohorts were the same months of years

Table 3	Meta-analysis results

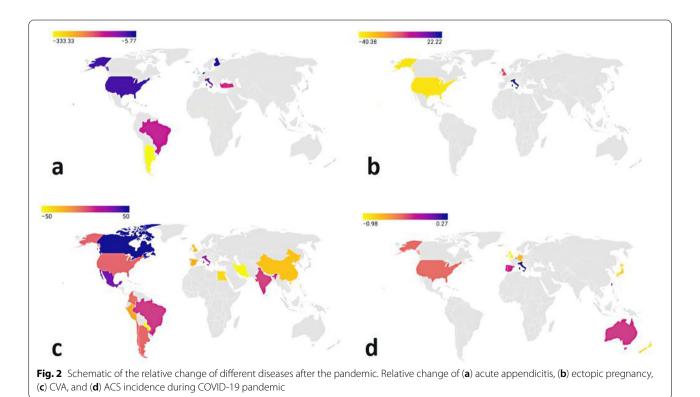
were selected for estimation of the relative change of incidence. Based on the provided data which is shown in Table 2, the worldwide relative change of incidence was visualized in Fig. 2.

Discussion

The sharp drop in emergency department admissions is mentioned in various studies [30-121]; however, according to our knowledge, no previous study has provided

Panel	Outcome of interest	n	l ²	Estimate	Р
CVA	symptoms onset to ED door time	21	98.31%	DoM = 15.67 min, 95% CI:-22.84 to 54.18	0.4252
	rt-PA administration	25	97.56%	RR = -0.11, 95% CI:-0.33 to 0.11	0.0914
ACS	symptom onset to first medical contact ^a	12	99.52%	DoM=65.71 min, 95% Cl:-11.55 to 142.98	0.0955
	symptom onset to administration	8	61.21%	DoM = 30.94 min, 95% Cl:12.919 to 48.966	0.0008
aneurismal SAH	Vassospasm finding on CT angiography	2	0.0%	RR = 1.575, 95% CI:0.72 to 2.42	0.003
	Fisher grade > 2	2	0.0%	RR = -0.0064, 95% CI: -0.2196 to 0.2068	0.9533
	WFNS > 3	2	42.40%	RR = + 0.3088, 95% CI:-0.2631 0.8807	0.2899
Acute appendicitis	Perforated appendicitis	20	18.59%	RR = + 0.362, 95% CI:0.2549 to 0.4690	<.0001
	later than 72 hours ED visit	3	75.32%	RR = + 0.641, 95% CI:-0.6104 to 1.8938	0.315
ectopic pregnancy	Rupture of ectopic pregnancy	8	56.20%	RR = + 0.112, 95% CI:0.0248 to 0.201 trim and filled: RR = + 0.0670, 95% CI: -0.0064 to 0.1404	trim and filled: 0.0734
newly diagnosed T1DM	DKA presentation	8	49.37%	RR = + 0.224, 95% CI:0.062 to 0.38	0.0065
Testicular Torsion	Orchiectomy	6	3%	RR = + 0.259, 95% CI:0.026 to 0.492	0.029

^a Publication bias exist



systematic evidence to support this view worldwide. We found that when comparing the pre-COVID-19 and COVID-19 cohorts of CVA patients, there were no substantial differences in the occurrence rate of obtaining rt-PA or the median time from symptom start to hospital room. In the case of ACS, the duration from symptom start to administration was significantly longer in pre-COVID-19 cohorts than in COVID-19 cohorts. When comparing the Pre-COVID-19 and COVID-19 cohorts of patients with aneurismal subarachnoid hemorrhage, there was a statistically significant higher prevalence of vasospasm on CT angiography; nevertheless, vasospasm indicates a delayed referral to hospital. In comparison to the pre-COVID-19 and COVID-19 cohorts, there was a statistically significant increase in the risk of perforation among acute appendicitis patients. There were no significant differences in the rate of ruptured Ectopic Pregnancy before and after the epidemic. When comparing the pre-COVID-19 and COVID-19 cohorts, there was a substantial rise in the rate of DKA presentation among T1DM patients as well as perforation rate among ectopic pregnancy patients. Similar to our study, Ojetti et al. attributed decreased admission of cardio-thoracic, gastroenterological, urological, otolaryngologic/ophthalmologic, and traumatological during the pandemic to fear of the virus, implying that patients with serious diseases did not seek treatment in the emergency department [122]. Toniolo et al. found that severe emergent cardiovascular diseases admissions were decreased during the pandemic in Italy [123]; a pooled analysis of similar studies showed a significant reduction in admission in a large comparison of 50,123 patients [124]. Several other studies are showing similar findings in many other medical conditions as well as surgical complaints [125], urological emergencies [126], and most other emergency department visits [127, 128].

All these studies unanimously warn of the danger of not paying attention to emergencies; while the decreased admission records could have happened due to various reasons. The changed use of the emergency department for the management of COVID-19 cases might be a reason that raises concerns about the disparities in healthcare. Previously, the concept of health disparities referred more to social differences and was addressing ethnicity and cultural minorities in the society, but COVID-19 era studies and the results of our study reveal a new concept of health disparities. Health disparities are one of the most important issues related to health policy and economics and are a major problem in the field of public health and social inequality. Health disparities are a general term used to denote the differences, variations, and disparities in access to health of individuals or groups [129]. While some researches show that elderly [130], Black populations, rural communities, and incarcerated populations [129] might experience inequality in healthcare; our previous study about Afghan refugees in Iran as a minor ethnicity [131] show that the need for active patient identification and treatment has lead widespread diagnostic and therapeutic measures of COVID-19 for patients with any social, economic, and cultural backgrounds and now we are facing a different side of the health disparity. Because the world's healthcare market has been shifted to COVID-19 healthcare, governmental interventions are required to cover services for all people with other diseases, therefore, the study of inequality can provide accurate and reliable information on how health services are distributed to health planners and policymakers can determine the population groups that use the emergency services the least. In this study, we found some critical medical conditions that seem that the population affected by these diseases is receiving the required services lately; while statistics of mentioned studies might be showing patient-related decreased visits. In this study, we focused on patientrelated delayed care-seeking. For this aim, known indicators of delayed healthcare sought were used to assess the hypothesis. Management of some emergency conditions is very time-critical and the best time to treat these diseases is called the Golden time or golden hour. We tried to address these medical conditions by pooling time metrics of patients' referrals to emergency centers or in some cases, the final disease outcome that was showing delayed medical care were also compared before and during the pandemic. CVA and ACS were assessed mainly by time metrics. We found 25 studies that reported data of 7124 subjects experiencing CVA during the pandemic with more than seventy thousand subjects before the pandemic, time metrics of patient referral, and outcome of the rt-PA administration in proper time has not significantly changed; while as Fig. 2 shows ecological disparities exist. But, in the ACS panel, there was an increased symptom onset to administration time (30.94 min, 95% CI:12.919 to 48.966). We were aware of the possibility of the effect of the pre-hospital emergency care service delays and we also evaluated time to first medical contact that our analyses of time to first medical contact became worthless due to the possibility of bias and we were not able to address this by analytical methods.

Aneurysmal subarachnoid hemorrhage is a life-threatening condition that needs immediate medical attention. Delayed cerebral ischemia is a common issue that can lead to poor neurological results. The major cause of delayed cerebral ischemia is assumed to be cerebral vasospasm [132, 133]. We found that the presentation of SAH cases with vasospasm finding on CT angiography in comparison of Pre-COVID-19 and COVID-19 cohorts has shown a significantly higher incidence of vasospasm during the pandemic (OR = 1.575); while the number of studies included in the meta-analysis is low.

Our study revealed that DKA presentation in newly diagnosed T1DM patients has tended to get increase following the COVID-19 pandemic. It highlights the need for appropriate organization of healthcare resources, particularly for pediatric situations [134].

Due to parents' concerns about the COVID-19 pandemic, visits to medical centers during the quarantine period may have occurred later than the pre-quarantine period [135]. Caregivers may mistakenly attribute symptoms to COVID-19 rather than DKA, resulting in an elevated severity of illness at the time of presentation with acute symptom start. Consequently, besides the organization of healthcare resources, the healthcare system has to educate patients and their families about life-threatening conditions and encourage them to look for help when needed.

Individuals will continue to experience fast metabolic decompensation, resulting in DKA, if the diagnosis of DM1 is delayed [136], as we saw during the COVID-19 pandemic. DKA is linked to increased morbidity and death, and our metanalysis suggests the necessity for focused public awareness efforts aimed at preventing DKA upon DM1 diagnosis by recognizing and treating symptoms early.

The lockdown has affected the availability of treatment services for patients with chronic diseases such as diabetes. Patients with diabetes have had a short- and long-term influence on glycemic parameters during catastrophes, according to previous studies, due to a lack of medical attention, proper meals, and prescriptions [137–139].

In other panels, we found a statistically significant higher perforation rate among acute appendicitis patients during the pandemic. No significant changes in the rate of ruptured ectopic pregnancy were seen before and after the pandemic. Also, rate of orchiectomy rate among testicular torsion was higher during the pandemic compared to before COVID-19. While Littman et al. [41] study did not find any delayed presentation of testicular torsion or its orchidectomy in comparison to pre-COVID-19 years; our study shows an increased pooled rate of orchidectomy testicular torsion during the COVID-19 pandemic emergence in the pooled analysis.

Many factors might justify this finding as well as the fear of COVID-19 infection and delayed referral to medical centers; There is a lot of unknown about Covid-19 disease for people; Therefore, these factors can be considered as an anxiety factor and have a negative effect on people psychologically. The psychological effects of the disease on ordinary people are such that the World Health Organization (WHO) has identified it as a risk factor for the mental health of society and has issued guidelines to prevent its destructive effects on the mental health of society [15, 140]. Various studies have shown that the prevalence of this disease and exposure to bad news published on social media about it, has increased anxiety and depressive symptoms, as well as impaired sleep quality [83]. One of the most vulnerable groups to bad news is children, and this bad news can increase their fear and anxiety, and such anxiety can affect their desire to go to the hospital. Since hospitals are at the forefront of the fight against this disease; They are one of the most infected places in terms of the presence of coronavirus and referring to it for the treatment of other diseases can be anxious for healthy people. Multiple pieces of research about pediatric acute appendicitis during the COVID-19 pandemic have clearly shown that staying at home due to public health safety instructions had a negative impact on those who had appendicitis. Several published studies found an increased risk of perforated appendicitis in pediatric patients during the COVID-19 pandemic compared with the pre-COVID-19 period [141]. Elective surgical procedures were discontinued in most centers during the COVID-19 outbreak. Surgical treatments were restricted to the treatment of patients who required immediate surgical or trauma attention. The attempts to reduce needless traffic through the healthcare institution resulted in a considerable decrease in emergency room patient visits. During the COVID-19 pandemic, the medical community noticed a marked increase in prolonged care for various medical emergencies, including pediatric surgical emergencies, which was documented in multiple papers.

Limitations of the study

We only included PubMed as our searching database that some papers might not get included if being published in other indexing databases. While we attributed our study outcomes of interest to patient-related delayed healthcare, delay in performance of pre-hospital Emergency services and in-hospital long waiting times may have affected the study results. Also, delayed or wrong diagnosis and medical negligence might be the reason for delayed referral in some cases that are not discussed in the included papers.

Conclusion

In addition to the dramatic changes that COVID-19 has posed to the trends of chronic diseases treatment and elective medical interventions, the treatment of some very urgent diseases has also been disrupted that is

directly associated with unfortunate consequences such as death and disability. In this study, we tried to review the patterns of emergency medical care during the pandemic by focusing on the endpoints that are addressing delayed healthcare seeking. The reorganization of healthcare resources in response to the COVID-19 epidemic has resulted in inadvertent neglect of essential care, particularly in emergency medical circumstances. Following the COVID-19 pandemic, delayed care sought has tended to rise in some medical emergencies, according to our findings. Success in the early diagnosis of medical conditions that were addressed by our study (ACS, aneurismal SAH, acute appendicitis, newly diagnosed T1DM, and testicular torsion) depends to a large extent on people being aware of the early and warning signs of these diseases. It is necessary to comprehensively recall the community about the fundamentals of sickness symptoms, especially for acute diseases. Community education should raise the level of public awareness about the impact of acute medical conditions on health, as well as changes in the distribution of health resources during a pandemic or disaster. This should help them to be able to make decisions about their health even in certain circumstances. One sector involved in this is pre-hospital services and telemedicine that should properly guide people in choosing the best time and best medical center to refer to. Mass media can also influence people's health behaviors and habits and the utilization of health services. Achieving all these ideals requires serious attention to health education in the structure of worldwide health sectors. Also, COVID-19 induced disparities in the allocation of health resources should be amended.

Abbreviations

ACS: Acute coronary syndrome; T1DM: Type 1 Diabetes Mellitus; CVA: Cerebrovascular accident; COVID-19: Coronavirus disease 2019; WHO: World Health Organization; ED: Emergency department; SDG: Sustainable Development Goals; DKA: Diabetic ketoacidosis; WFNS: World Federation of Neurological Surgeons; rt-PA: Tissue plasminogen activator; DoM: Differences of Medians; NE: Not estimated; NIH: National Institutes of Health; STEMI: ST-elevation myocardial infarction; EP: Ectopic pregnancy.

Supplementary Information

The online version contains supplementary material available at https://doi.org/10.1186/s12992-022-00836-2.

Additional file 1: Sup table 1. Search strategy. Supplementary Fig. 1. Forrest plot of CVA symptoms onset to ED door time. Supplementary Fig. 2. Funnel plot of CVA symptoms onset to ED door time. Supplementary Fig. 3. Forrest plot of rt-PA administration proportion. Supplementary Fig. 4. Funnel plot of rt-PA administration proportion . Supplementary Fig. 5. Forest and Funnel plot of SAH Vasospasm (study 1, Fiorindi et al.; study 2, Aboukaïs et al.). Supplementary Fig. 6. Forest and Funnel plot of Fisher grade > 2 (study 1, Fiorindi et al.; study 2, Aboukaïs et al.). Supplementary Fig. 7. Forest and Funnel plot of WFNS > 3 (study 1, Fiorindi et al.; study 2, Aboukaïs et al.). Supplementary Fig. 8. Forrest plot of Orchiectomy rate in testicular torsion. Supplementary Fig. 9. Funnel plot of Orchiectomy rate in testicular torsion. **Supplementary Fig. 10.** Forrest plot of DKA presentation among newly diagnosed T1DM patients. **Supplementary Fig. 11.** Funnel plot of DKA presentation among newly diagnosed T1DM patients. **Supplementary Fig. 12.** Forrest plot of Perforated ectopic pregnancy. **Supplementary Fig. 13.** Funnel plot of Perforated ectopic pregnancy. **Supplementary Fig. 14.** trim-filled Forrest plot of Perforated ectopic pregnancy. **Supplementary Fig. 15.** trim-filled Forrest plot of Perforated ectopic pregnancy. **Supplementary Fig. 15.** trim-filled Funnel plot of Perforated ectopic pregnancy. **Supplementary Fig. 16.** Forest plot of perforated appendicitis proportion. **Supplementary Fig. 17.** Funnel plot of perforated appendicitis presentation. **Supplementary Fig. 18.** Forest plot of delayed appendicitis presentation.

Acknowledgments

We would love to thank Clinical Research Development Unit of Peymanieh Educational, Research and Treatment Center of Jahrom University of Medical Sciences for all facilities for this work.

Authors' contributions

VM, MO, JR have conceptualized the study and supervised literature review, manuscript drafting, and revisions. SZM, UY, AN, and AS have contributed to the literature review and initial eligibility assessment. FJ, AN, PH, ARJ, RF, AG, SRH, MF, SRA, RA, BA, AB, BS, AA, AH, and ER have assessed studies for quality and data extraction. EB, FB, MM, STB, SJ, AM, MP, NM, NAJ, DS, PA, and FS has contributed to the literature review, study eligibility assessment, manuscript drafting, and revisions. RS has written the introduction, contributed to the study design, and critically reviewed and edited the final manuscript. NK and NH have supervised whole literature reviews and data extraction process along with conducting data analysis. All authors read and approved the final manuscript.

Funding None.

Availability of data and materials

There are no further data than presented in the manuscript and supplementary file.

Declarations

Ethics approval and consent to participate Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Author details

¹Department of Pediatrics, Jahrom University of Medical Sciences, Jahrom, Iran.²Research Center for Non-Communicable Diseases, Jahrom University of Medical Sciences, Jahrom, Iran. ³Department of Nephrology, Transplantology and Internal Medicine, Faculty of Medicine, Medical University of Gdańsk, Gdańsk, Poland. ⁴Department of Pathophysiology, Faculty of Medicine, Medical University of Gdańsk, Gdańsk, Poland. ⁵ST1/Clinical Teaching Fellow, Norfolk and Norwich University Hospital, Norwich, United Kingdom. ⁶Palliative Care and Chronic Disease Unit, Green Pasteur Hospital, Pokhara, Nepal, ⁷Postgraduate trainee, Surgical Department, Hamdard University Hospital Karachi, Karachi, Pakistan. ⁸Department of Epidemiology and Health Statistics, Xiangya School of Public Health, Central South University, Changsha, China. ⁹Hunan Provincial Key Laboratory of Clinical Epidemiology, Xiangya School of Public Health, Central South University, Changsha, China. ¹⁰Department of Emergency Medicine, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran. ¹¹Department of Radiology, Faculty of Medicine, Mashhad University of Medical sciences, Mashhad, Iran. ¹²Department of Emergency Medicine, Faculty of Medicine, Zahedan University of Medical Sciences, Zahedan, Iran. ¹³Department of Emergency Medicine, Babol University of Medical Sciences, Babol, Iran. ¹⁴Department of Psychiatry, Tehran University of Medical

Sciences, Tehran, Iran. ¹⁵Medical Journalism Department, Shiraz University of Medical Sciences, Shiraz, Iran. ¹⁶Fellowship of Vascular Surgery and Endovascular Therapy, Division of Vascular Surgery and Endovascular Therapy, Department of General Surgery, Sina Hospital, Tehran University of Medical Sciences, Tehran, Iran. ¹⁷Shiraz Azad University, Dental Branch, Shiraz, Iran. ¹⁸Department of Biomedical and Neuromotor Sciences, Alma Mater Studiorum, University of Bologna, Bologna, Italy. ¹⁹Department of Biochemistry, Government College University, Faisalabad, Pakistan. ²⁰Neuroscience Research Department Center, Kashan University of Medical Sciences, Cashan, Iran. ²¹Pharmaceutical Sciences Department, College of Pharmacy, Gulf Medical University, Ajman, United Arab Emirates.

Received: 20 January 2022 Accepted: 5 April 2022 Published online: 08 June 2022

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